



## DISTRICT COUNCIL

Despatched: 30.06.15

### **HEALTH LIAISON BOARD**

**08 July 2015 at 2.00 pm**

**Conference Room, Argyle Road, Sevenoaks**

### **AGENDA**

#### **Membership:**

Chairman: Cllr. Mrs. Bosley Vice-Chairman: Cllr. Brookbank  
Cllrs. Abraham, Dr. Canet, Clark, Dyball, McArthur and Parkin

	<b><u>Pages</u></b>	<b><u>Contact</u></b>
<b>Apologies for Absence</b>		
1. <b>Minutes</b> To agree the Minutes of the meeting of the Board held on 22 April 2015, as a correct record	(Pages 1 - 4)	
2. <b>Declarations of Interest</b> Any interests not already registered.		
3. <b>Actions From Previous Meeting</b>	(Pages 5 - 6)	
4. <b>Updates from Members</b>		
5. <b>Young People's Sexual Health Services</b>  Presentation by Wendy Jeffreys on new contracts, services and local statistical data for the District.		
6. <b>Health and Wellbeing Prevention Programmes</b>	(Pages 7 - 18)	Hayley Brooks Tel: 01732 227272
7. <b>Workplan</b>	(Pages 19 - 20)	

#### **EXEMPT ITEMS**

(At the time of preparing this agenda there were no exempt items. During any such items which may arise the meeting is likely NOT to be open to the public.)

To assist in the speedy and efficient despatch of business, Members wishing to obtain factual information on items included on the Agenda are asked to enquire of the appropriate Contact Officer named on a report prior to the day of the meeting.

Should you require a copy of this agenda or any of the reports listed on it in another format

please do not hesitate to contact the Democratic Services Team as set out below.

For any other queries concerning this agenda or the meeting please contact:

**The Democratic Services Team (01732 227241)**

**HEALTH LIAISON BOARD**

Minutes of the meeting held on 22 April 2015 commencing at 9.30 am

Present: Cllr. Mrs. Cook (Chairman)

Cllr. Davison (Vice Chairman)

Cllrs. Mrs. Bosley, Brookbank, Clark, Fittock, Mrs. Sargeant and Searles

35. Minutes

Resolved: That the minutes of the meeting held on 25 February 2015 be approved and signed by the Chairman as a correct record subject to Minute 33, paragraph 5 being amended to read, 'a copy of the Ofsted inspection'.

36. Declarations of Interest

There were no additional declarations of interest.

37. Actions from Previous Meeting

The Chairman advised that an article would be included in the next InShape Magazine about the Patient Participation Groups (PPGs) but would be carefully worded as not all GP Surgeries had PPGs. The Chairman advised that in regards to action 3, a follow up report by the Care Quality Commission (CQC) had taken place and when available the report would be circulated.

38. Updates from Members

Cllr. Davison advised that he had attended the Kent County Council (KCC) Health and Overview Scrutiny Committee (HOSC) which had mostly covered subjects relating East Kent. The West Kent Clinical Commissioning Group (CCG) had hoped to have a balanced account for the end of the year. There was also concern expressed that the Sunrise Residential Home report had been issued without CCG knowledge.

Cllr. Brookbank advised that the CQC report for Pembury and Maidstone Hospital had been prepared and would be going to the HOSC meeting in June. There would also be a report on the emotional wellbeing of Children in relation to Mental Health and the West Kent CCG was lead on this. Concerns were raised at the restructure in the Swanley Children's Centres especially with the increase of babies in the area. Other Members also expressed their concerns.

Cllr. Fittock informed that the Dartford, Gravesham and Swanley CCG had discussed grants for voluntary bodies. There was no progress with the PPG regeneration which he was Chairman of. It was noted that KCC had provided a lot of training around the new Care Act that came in on 1 April 2015, and the impact it would have on people's rights and expectations.

Cllr. Mrs. Bosley advised that a Memory Café in West Kingsdown was opening.

Cllr. Searles spoke about the health meetings he had recently attended. The PPG at Darent Valley were moving away from Medway Hospital and more towards Queen Mary Hospital and there would be a new structure and Terms of Reference for the PPG. There were increasing concerns at Volunteer Bureaux for transport grants to enable residents to attend hospital appointments; more resources were being investigated. At Age UK there was open day for the Dementia day room and Cllr. Searles advised that he had also attended a PPG Chair's meeting where new appointment software was discussed for GP Surgeries and the various schemes surrounding each PPG. Officers had attended a recent PPG meeting to discuss providing a possible falls prevention class in Hextable. The Oaks Surgery in Swanley was looking to expand their premises. The Dartford, Gravesham and Swanley CCG were reporting that they were within budget. With the creation of new towns in Garden City it had been suggested that 27 new GPs would be required for the area. At the Dartford, Gravesham and Swanley Health and Wellbeing Board, priorities for Ebbsfleet and Paramount developments were being identified.

In response to a question, Cllr. Searles advised that the Garden City would have an impact on local health services and the medical impact was currently being consulted on at Darent Valley Hospital. There was also new A&E department being created at Darent Valley Hospital and minor injury units, like at Sevenoaks Community Hospital, were being investigated for the Garden City. The Chairman praised Sevenoaks Minor Injuries Unit for the efficient and useful service which was provided.

Cllr. Clark advised that as Chairman for the Children's Centre's Steering Group in Swanley, he was also concerned about another reorganisation taking place and the impact this had on staff morale. He advised that the Kent Health Trainers attended the Steering Group which provided support services for those who want to make positive lifestyle changes and also works with Children's Centres and other groups where needs were identified.

The Health and Communities Manager advised that in regards to the Children's Centres restructure there would not be a change to services but rather a change in management so that there would be one manager across both hubs. There was a new District Manager for the District and it was suggested that the Manager be invited to a future meeting to update on Children's Centres.

Cllr. Cook advised that she had attended the West Kent Health and Wellbeing Board where a guide to a Community Central Approach and the four key ways to do this, had been looked at.

The Health and Communities Manager advised that she had been working with Kent Public Health and Planning Team so that when new developments were being considered that the need for new health services were considered. She was also doing a piece of work for the West Kent Health and Wellbeing Board around Child Local Operational Groups and coordinating the children groups across West Kent. With Dartford, Gravesham and Swanley the Health and Communities Manager was looking into falls and falls pathways in relation to the Better Care Fund and the new provider.

39. Alzheimer's and Dementia Services

The Chairman welcomed Kate Sergeant from the Alzheimer's Society and Lesley Knight from Alzheimer's & Dementia Support Services. Kate advised that both offered similar services and that currently the Alzheimer's support service ran a Dementia café at the Stag theatre twice a month which was commissioned by KCC. There was also a peer support group based in Otford for those who were at the early stages of Dementia. This was currently oversubscribed and a further need had also been identified in Westerham and Edenbridge for this service.

Kate praised the Council for the leadership they had shown in Dementia and developing a Dementia Friendly Community. In Kent 21,000 people had been diagnosed with Dementia, unfortunately it was estimated that 50% of people suffering with Dementia had not been diagnosed or were in denial. West Kent CCG were the lead for Dementia Support Services and had renewed a service which provided a Dementia Support worker, to visit those known with Dementia and spend two hours with the individual to do what they would like to do, for example, go shopping.

Lesley Knight informed the Board that her work was mostly based in the north of the District covering Swanley and the northern parishes as well as Dartford and Gravesham. There was a Dementia Friendly Café in Swanley and another one would be opening up in West Kingsdown. There was also a Community Café in Hartley where a Community Warden was based. Members were advised that a GP surgery in West Kingsdown had sent out letters to those known to be suffering with Dementia via the PPG to advise them of the services available to them.

In response to questions Members were advised that an Admiral Nurse was someone that supported carers with behavioural support and procedural care. They were similar to McMillian nurses but unfortunately there were not enough of these nurses. It was hoped that there would be at least two to cover, Dartford, Gravesham, Swanley and Swale. Lesley advised that it was important that once there was a diagnosis, planning for the future was important and this included personal plans and developments, as Dementia also affected families of the person suffering. A Member advised that at Darent Valley Hospital there were Dementia buddy's who were reducing the discharge time to 1 to 2 days.

In response to a question Members were advised that there were lots of theories around Dementia but the cause was still unknown. Alzheimer's and Vascular Dementia were the most common forms of Dementia. In the UK there were 850,000 people suffering with Dementia and it was estimated that around 85,000 people had not been diagnosed.

The Chairman thanked Kate Sergeant and Lesley Knight for attending the meeting.

The Health and Communities Manager advised that Dementia Friends training ran monthly at the Council and any new Councillors would be offered the training.

40. Sevenoaks District Local Strategic Partnership - Establishment of Older People's Sub-Group

## Agenda Item 1

### Health Liaison Board - 22 April 2015

The Health and Communities Manager presented a report which advised Members of the establishment of an Older People's Sub-Group of the Sevenoaks District Local Strategic Partnership (LSP). The LSP had identified the challenge of an aging population as a common theme and the Older People's Sub-Group would identify and address key issues and opportunities relating to older people. The group would be a multi-agency partnership.

The Seniors Action Forum was one of the agencies which would be part of the sub-group and the Chairman welcomed Frank McConnell, Marilyn Canet and Steve Plater to the meeting. The Seniors Action Forum was run by older people for older people and had carried out a survey of its members and was currently collating the results. There were currently 630 members and the survey was accessible to all its members via post, email or downloads from the website. From the initial results it was clear that there were interconnecting issues and the three main concerns were: fear of crime (an example of scams was given); health and transport; and housing was fifth on the list.

Members discussed scams and the concern surrounding the increasing recorded numbers. It was particularly a concern for those living alone or in isolated locations.

The Chairman thanked the Seniors Action Forum for attending the meeting and providing information on the survey results.

#### 41. Sunrise Residential Home

The Health and Communities Manager informed the Board that the CQC had been in contact and advised that a second inspection had taken place on 13 and 14 April 2015. Considerable improvements had been seen and the full report would be circulated to when it was received.

*Action: The Health and Communities Manager to circulate the CQC Sunrise report to Members.*

#### 42. Workplan

The work plan was discussed and an update at the autumn meeting would include the Older People's Housing Survey and an update from the LSP Older People's Sub Group.

The Chairman thanked the Members of the Health Liaison Board for their participation over the past two years and thanked members of the local community for the work which they carried out. She also expressed her thanks to the Chief Officer Communities and Business, and the Health and Communities Manager for their work on health and wellbeing.

Members thanked the Chairman for her Chairmanship.

THE MEETING WAS CONCLUDED AT 11.30 AM

CHAIRMAN

**ACTIONS FROM THE MEETING HELD ON 26.04.2015**

<b>Action</b>	<b>Description</b>	<b>Status and last updated</b>	<b>Contact Officer</b>
Action 1	The Health and Communities Manager to circulate the CQC Sunrise report to Members.	Currently waiting for the report to be sent through from the CQC.	Hayley Brooks Ext: 7272

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## HEALTH & WELLBEING PREVENTION PROGRAMMES

### Health Liaison Board – 8 July 2015

Report of Chief Officer Communities & Business

Status: For Information

Key Decision: No

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**Executive Summary:** To provide Members with details of the health and wellbeing prevention work undertaken by this Council

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**This report supports the Key Aim of** reducing health inequalities and improving health and wellbeing

**Portfolio Holder** Cllr. Lowe

**Contact Officer(s)** Hayley Brooks Ext. 7272

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**Recommendation to Health Liaison Board:** That the report be noted.

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### Introduction and Background

- 1 For over six years, this Council has been commissioned by public health, which is now the responsibility of Kent County Council, to deliver a range of health and wellbeing prevention programmes. This forms part of the holistic approach to reducing health inequalities across the District and supporting community health and wellbeing.
- 2 The funding provided aims to make healthier choices easier, reduce health inequalities and improve the life expectancy of the population through targeted interventions to improve health and wellbeing. This Council receives annual funding of £130,741 to co-ordinate and deliver a schedule of targeted interventions across the District, based on local needs.
- 3 The pre-agreed programmes delivered by this Council include weight management for families and adults, mental health awareness, postural stability for older people, domestic abuse support and NHS Health Checks. Details of the initiatives can be seen in Appendix A.
- 4 This Council is responsible for delivering and evaluating programmes and monitoring data is reported quarterly to the Health Action Team partnership (health sub-group of the Local Strategic Partnership) and Kent County Council's Public Health Team to demonstrate achievements and outcomes.

## Agenda Item 6

- 5 These programmes form an integral part of the Sevenoaks District 'Mind the Gap' Health Inequalities Plan as well as contributing to the Healthy Environment priority in the Community Plan. The three year partnership 'Mind the Gap' Plan (2013 - 2015) is currently being refreshed by Officers and will be presented to Members at a future meeting for approval.
- 6 Other external funding has been sought to deliver targeted initiatives to contribute to this priority. This Council has successfully received two year Sport England funding to deliver inclusive community sports initiatives in West Kingsdown, Fawkham, Farningham, South Darent & Horton Kirby and recently extended to Eynsford, New Ash Green and Hartley. Details of the initiatives can be seen in Appendix B.

### **Healthy Living Programme Delivery**

- 7 This Council has a Service Level Agreement with KCC Public Health to deliver programmes to contribute to the following objectives:
  - Deliver a 'virtual' healthy living centre model to local residents in community settings including the promotion of healthy eating, exercise, sexual health, substance misuse and stop smoking services;
  - Address weight management and obesity;
  - Raise awareness of positive mental health and wellbeing;
  - Postural stability for older people;
  - Deliver the NHS Health Check Programme.
- 8 During 2014/15, this Council delivered over 1,100 individual sessions with a total of 10,995 attendances, of which 2,054 were new people taking part this year.
- 9 As part of the monitoring, Officers evaluate the achievements of the residents taking part through a standard assessment process at the start and end of each programme and in the longer term to evaluate ongoing lifestyle and behaviour changes.
- 10 The annual summary report of the Health Inequalities Action Plan including the programme achievements will be reported to Members at a future meeting.

### **Key Implications**

#### Financial

- 11 Sevenoaks District Council receives £130,741 from Kent County Council for the delivery of health prevention programmes in 2015/16. The level of funding for 2016/17 has not yet been confirmed.
- 12 This Council receives £60,000 over two years (January 2014 – December 2015) from Sport England to co-ordinate and deliver the Community Sport Activation Project 'Be Inspired, Be Active'.

Legal Implications and Risk Assessment Statement.

13 There are no legal implications for the Council associated to this report.

Equality Assessment

14 No decision is required as part of this paper and therefore no perceived impact on end users.

**Conclusions**

15 This report informs Members regarding the health and wellbeing prevention work undertaken by this Council.

**Appendices**

Appendix A – List of Healthy Living initiatives

Appendix B – List of Community Sport initiatives

**Background Papers:**

Sevenoaks District ‘Mind the Gap’ Health Inequalities Plan 2013-15

**Lesley Bowles**  
**Chief Officer Communities & Business**

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## Healthy Living programmes 2015/16

### Health Walks

FREE friendly weekly walks for all ages around the local community. Walks are led by trained volunteer walk leaders. You don't need to book in advance, please just turn up at least 10 minutes before to complete a health questionnaire.

#### Monday

Oxford Health walk Starts 10.30am  
Oxford Memorial Hall, High Street, Oxford, Kent, TN14 5PQ

Lullingstone Health Walk Starts 2.00pm  
Lullingstone Visitors Centre, Castle Road, Eynsford, Kent, DA4 0JF

#### Tuesday

Hartley Health Walk Starts 10.00am  
Hartley Library, Ash Road, Longfield, DA3 8EL

Swanley Health Walk Starts 2.00pm  
White Oak Leisure Centre café, Hilda May Avenue, Kent, BR8 7BT

#### Wednesday

Edenbridge Health walk Starts 9.30am  
Edenbridge Leisure Centre, Stangrove Park, Kent, TN8 5LU

West Kingsdown Health Walk Starts 10.15am  
West Kingsdown Library, Gamecock Meadow, London Road, TN15 6EL

New Ash Green Health Walk Starts 10.30am  
New Ash Green Library, North Square NAG, DA3 8QT

#### Thursday

Sevenoaks Health Walk Starts 10.30am  
Sevenoaks Leisure Centre, Buckhurst Lane, Kent, TN13 1LW

### Yoga classes for Over 50's

Yoga is the perfect exercise for both men and women – a series postures and movements. You don't need to book in advance, please just turn up at least 10 minutes before to complete a health questionnaire.

All the yoga sessions listed below run weekly all year round on the following days and times.

#### Tuesday

South Downs yoga class 10.30am – 11.30am - £2 per session  
Southdown Retirement Village, DA4 9LG

## Agenda Item 6

### Wednesday

Shoreham yoga class 1pm- 2pm - £2 per session  
Shoreham Village Hall, High Street, Shoreham, TN14 7TG

Dunton Green yoga class 3pm – 4.30pm - £2.50 per session  
Dunton Green Village Hall, 9 Crescent Cottages, Station Road, TN13 2XB

### Fall Prevention Maintenance Class

Worried about falling? Our FREE weekly sessions provide a safe and effective exercise class for anyone who has a fear of falling feels unstable or has a history of low bone density. The class begins mainly in a chair and gradually progresses to standing activities to improve balance, strength and stability.

### Monday

Edenbridge falls class 11.30am – 12.30  
Hft Day Centre, 1 Philippines Close, Edenbridge, TN8 5GN

### Tuesday

Oxford Falls Class 3.00pm – 4.00pm  
Oxford Methodist Church, High Street, TN14 5PH

### Wednesday

Swanley Falls Class 10.15am – 11.15am  
White Oak Court, Sycamore Drive, Swanley, BR8 7WF

Sevenoaks Falls Class 3.00pm – 4.00pm  
Hollybush Day Court Centre, Hollybush Close, TN13 3UX

### Why Weight

Why Weight is a FREE 12 week adult weight management programme designed for residents with a BMI of 28+. Each weekly session focuses on a particular subject, such as food labels, portion sizes and eating out as well as a weekly weigh in. At the end of the hour nutrition session a 30 minute exercise class is available to all participants.

To register onto any of the programmes below you need to book in advance by completing an online form via the website [www.sevenoaks.gov.uk/whyweight](http://www.sevenoaks.gov.uk/whyweight) or call 017322 227000 or email [healthy.living-sevenoaks.go.uk](mailto:healthy.living-sevenoaks.go.uk)

Below are the times and dates of the why weight programmes scheduled to run from July.

Swanley Day Thursday: 1.00 – 2.30pm Starts 16<sup>th</sup> July  
White Oak Leisure Centre

West Kingsdown Friday: 9.30 – 11am Starts 17<sup>th</sup> July  
West Kingsdown Village Hall

Sevenoaks Evening Tuesday: 6.00 – 7.30pm Starts 14<sup>th</sup> July  
Sevenoaks Primary School

Edenbridge Evening Monday: 6.00 – 7.30pm Starts 28<sup>th</sup> Sep  
Edenbridge Leisure Centre

Swanley Evening	Wednesday: 6.00 – 7.30pm White Oak Leisure Centre	Starts 30 <sup>th</sup> Sept
Sevenoaks Day	Friday: 12.00 – 1.30pm Sevenoaks Leisure Centre	Starts 2 <sup>nd</sup> Oct
Swanley Day	Thursday: 1.00 – 2.30pm White Oak Leisure Centre	Starts 14 <sup>th</sup> Jan
Sevenoaks Evening	Tuesday: 6.00 – 7.30pm Sevenoaks Primary School	Starts 12 <sup>th</sup> Jan
Swanley Evening	Wednesday: 6.00 – 7.30pm White Oak Leisure Centre	Starts 13 <sup>th</sup> Jan

### Fun, Fit and Active

The fun, fit and active programme is a free 5 – 10 week family based programme, specifically designed for families with children under 16 years old who want to get fitter, healthier and happier. Programmes are run in selected schools across the District in Swanley, Edenbridge and Sevenoaks.

The schools we will be working with from September 2015 are:

- Edenbridge Primary School;
- Sundridge and Brasted Primary School;
- St Mar's Primary School;
- Otford Primary School;
- St John's Primary School.

### NHS Health Checks

If you're aged 40 -74 and haven't had a health check in the last 5 years, then you can take advantage of our FREE health screening for an overall assessment of your health.

Virtually everyone is at risk of serious conditions such as coronary heart disease, dementia, kidney disease, stroke and diabetes.

But the good news is these conditions can often be prevented. The Health Checks can assess your potential risk of developing these conditions where we can offer you tailored advice to reduce the risk

Each check takes 20 minutes; we will check your cholesterol, blood pressure, weight and calculate your body Mass index.

Up coming event - TBC

### UP and Running

This group is for women who have mild to moderate depression, which may include feeling low, poor self esteem, anxious or depressed. The group is ideal for non runners as it starts with brisk walking and a small amount of jogging then builds up gently over 10 weeks.

To find out when the next course starts please call Shona on 07710 279497 or Harriet on 07855 893863

If you require more information about any of the above programmes, please contact the Council on 01732 22700 or email [healthy.living@sevenoaks.gov.uk](mailto:healthy.living@sevenoaks.gov.uk)

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## Be Inspired Be Active programmes 2015

These programmes are for residents of Eynsford, Farningham, Horton Kirby and South Darenth, Fawkham, Hartley, New Ash Green and West Kingsdown.

### Children Programmes (under 18 years old)

#### Ballroom and Latin dance

This is a 10 weeks course available to children to learn Ballroom and Latin dances led by a qualified instructor. Tailored to each individual's abilities and skills, sessions are suitable for absolute beginners and more experienced dancers.

#### Monday

<u>Horton Kirby Jubilee Hall</u>	4pm – 5pm Horton Road, South Darenth, Dartford, Kent, DA4 9AX	<b>Course Starts 14 Sep</b> Cost £2.50 per session
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#### Street dance

Street Dance is all about having fun and using your body to express how the music makes you feel. Children classes (6- 17 years old) are suitable for complete novice and more experienced dancers.

#### Tuesday

<u>Horton Kirby Jubilee hall</u>	5.15pm – 6.15pm Horton Road, South Darenth, Dartford, DA4 9AX	<b>Course Starts 15 Sep</b> Cost £1.50 per session
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#### Wednesday

<u>West Kingsdown Village Hall</u>	5.15pm – 6.15pm Gamecock meadow, West Kingsdown TN15 6BZ	<b>Course Starts 16 Sep</b> Cost £1.50 per session
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### Adults Programmes (over 18 years old)

#### Archery

Target archery is great fun and easy to take part in. It's much more fun to join in than it is to watch other people doing it. Learn a new skill and improve under the expert guidance of our archery instructor as all equipment is provided. All of our sessions are suitable for complete novice.

#### Sunday

<u>Horton Kirby Scouts Hall</u>	10.30am – 12noon Horton Road, South Darenth, DA4 9AX	<b>Course Starts 20 Sep</b> Cost £3.00 per session
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#### Ballroom and Latin dance

These classes are for adults wanting to learn and develop Ballroom and Latin dancing in friendly and relaxed atmosphere. You don't need a partner and no need any previous experience!

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### Monday

<u>West Kingsdown Village Hall</u>	5.15pm – 6.15pm Gamecock meadow, West Kingsdown TN15 6BZ	Course Starts 14 Sep Cost £1.50 per session
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### Boogie Buggy Fit

Want to get active and keen to get into shape but worried about childcare? Then this fitness class is for you, it's open to all with a baby and buggy (baby must be at least 10 weeks and older). Led by a qualified ante/postnatal exercise instructor this is a great class comprises of keep fit, body stretching and toning.

### Tuesday

<u>West Kingsdown</u>	1.30pm – 2.30pm Gamecock Meadow, West Kingsdown, TN15 6BZ	Course Starts 15 Sep
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### Chair Yoga

Chair yoga is a 6 week's course run by qualified professional for adults who would like to take a gentler introduction to yoga with the aid of a chair. Programme comprises of gentle stretching movements, relaxation, breathing techniques, strengthening and balance work.

### Monday

<u>West Kingsdown Village Hall</u>	11am – 1pm Gamecock Meadow, West Kingsdown TN15 6BZ	Course Starts 14 Sep
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### Tuesday

<u>Farningham Village Hall</u>	11am – 12noon High Street, Farningham, DA4 0DE	Course Starts 3 Nov
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### Wednesday

<u>New Ash Green Turners oak</u>	1pm – 2pm Centre Road, New Ash Green, DA3 8JX	Course Starts 4 Nov
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### Back to Netball

Provides a sociable re-introduction to netball for female players aged 16 and over. The classes are focused on having fun in a friendly environment while relearning skills. Small weekly cost per person is payable. Beginners and newcomers always welcome.

### Monday

<u>Longfield academy</u>	6.30pm – 7.30pm Main Road, Longfield, DA3 7PH	Course Starts 14 Sep Cost £3.00 per session
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### Table tennis

Table tennis is a wonderful sport to take up for life. It's easy to play, yet difficult to master. Our 8 weeks coaching courses are very popular with adult and children alike.

#### Tuesday

Horton Kirby Scouts Hall

8pm – 9pm  
Horton Road, South Darent  
DA4 9AX

Course Starts 14 Sep

If you require more information about any of the above programmes, please contact the Council on 01732 22700 or email [healthy.living@sevenoaks.gov.uk](mailto:healthy.living@sevenoaks.gov.uk)

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**Health Liaison Board Work Plan 2015/16**

<b>8 July 2015</b>	<b>16 September 2015</b>	<b>25 November 2015</b>	<b>2 March 2016</b>	<b>27 April 2016</b>
<p>Giving Children the best start in life</p> <p>Young people's sexual health services</p>	<p>Children's centres progress</p> <p>Health Inequalities Plan</p> <p>Health Priorities – Better Care Fund</p>	<p>Dementia Friendly Communities Update</p> <p>Older People's Housing Survey</p> <p>Update from the LSP Older People's Sub Group</p>		

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